



## Nike Size Guide



Size	Chest (IN)	Waist (IN)	Hips (IN)	Height (IN)	Average Age
XS	< 35	< 29	< 35		
S	35 - 37.5	29 - 32	35 - 37.5		
M	37.5 - 41	32 - 35	37.5 - 41		
L	41 - 44	35 - 38	41 - 44		
XL	44 - 48.5	38 - 43	44 - 47		
2XL	48.5 - 53.5	43 - 47.5	47 - 50.5		
3XL	53.5 - 58	47.5 - 52.5	50.5 - 53.5		
XSY	25.5 - 26	23.5 - 24	27 - 28	47 - 51	6 - 7
SY	26 - 27	24 - 25.5	28 - 29.5	51 - 55	8 - 9
MY	27 - 29.5	25.5 - 27	29.5 - 31.5	55 - 59	10 - 11
LY	29.5 - 32	27 - 28.5	31.5 - 33.5	59 - 63	12 - 13
XLY	32 - 35	28.5 - 29.5	33.5 - 35	63 - 67	14+

**ELIET FOOTBALL COACHING ARE NOT RESPONSIBLE FOR ANY KITS ORDERED THAT DO NOT FIT  
PLEASE ORDER CAREFULLY**